

Snack Week

Each child in the class is responsible for providing snack for the class for an assigned week. Typically a child will have snack 2-3 times in a school year. When it is your child's snack week, we ask that you provide the following:

- 10 apples (used in Practical Life)
- 10 oranges (used in Practical Life)
- 10 bananas (used in Practical Life)
- A bog of 5oz (bathroom sized) paper cups
- A pack of napkins

In addition, we ask that you provide snack items for the week. Please provide enough snack for 20 servings each day. Some snack suggestions include but are not limited to:

- Cheese Sticks
- Go-Gurt
- Pudding Cups (please include spoons)
- Cut Vegetables with Dip
- Popcorn
- Veggie Straws
- Pretzels
- Crackers
- Fresh Fruit
- Deli Meat Rolled
- Deli Cheese Rolled
- Goldfish
- Squeeze Apple Sauce
- Fresh Granola
- Bars (fruit, cereal, granola)

These are just some suggestions. You are welcome to include your child's favorite healthy snack as well. Please avoid items which include nuts, as some classes have children with nut allergies. We provide water for the children and do not need juice or sports drinks. Please avoid candy, chips and cookies as snack items.

If you have any additional questions please do not hesitate to ask your child's teacher. The class laundry will be sent home on Friday of your snack week. Please wash and return on Monday.